



**little**  
**mended hearts**™  
of South Central PA



## 5k/1k Run Walk

# Saturday, October 24, 2015

**When:** Saturday, October 24, 2015 (Rain or Shine)

**Where:** St. Paul's United Methodist Church, 750 Norland Ave., Chambersburg, PA (flat course)

**Start:** Registration starts at 7:30am  
1K race (11 & Under): 8:45am

5K race: 9:00am

Awards to follow

**#MLHscpa5K**

**Entry Fee:**

\$20 - 5K before October 1st --- \$25 - After October 1st (no t-shirt orders after 10/6/15)

\$10 - 1K Fun Run

\$10 - Short Sleeve Moisture Wick Tech Shirt

**Awards:** Top Overall Male and Female

Top Male/Female in age groups: 12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+  
All participant 11 & under will receive a ribbon

**Registration:** Register online at [http://cvraceseries.us/Events/EventPage.php?event\\_id=263](http://cvraceseries.us/Events/EventPage.php?event_id=263)

Mail completed entry form and check made payable to

Mended Little Hearts of SCPA - c/o The Brethren Fellowship  
339 Lincoln Way East, Chambersburg, PA 17201

All proceeds raised during this event will benefit Mended Little Hearts of South Central PA. Mended Little Hearts is an organization dedicated to empowering and supporting families who have children with congenital heart defects/disease.

In 2016 we will continue our focus on awareness, support and starting our "Bravery Bag Program" We are so happy to be a part of this community and look forward to all this upcoming year has in store for us as we dedicate ourselves to the littlest heart patients of all and their families.



**Together we can make a difference!**



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